

Ah Counter - Woodland Hills Toastmasters

Script: “I will count how many times a speaker will use words or sounds as a “crutch” or “pause filler” during the meeting. In addition, words may be inappropriate space filler words which do not add to what you the speaker is trying to say. I will also count any repetition of words, for example: You know, I thought, etc. unless the repeated words are for the purpose of providing word emphasis.”

[illegible]